



WELCOME TO  
**ST. MARK'S EPISCOPAL CHURCH**  
+  
CAPITOL HILL

**ST. MARK'S MISSION STATEMENT**

St. Mark's is an open community, welcoming people wherever they are on their faith journey. We celebrate the gifts of God that empower us to engage boldly in the struggles of life and to care for others with love, justice, and compassion.

**THE THIRD SUNDAY AFTER THE EPIPHANY**

**JANUARY 21, 2018**

**9:00 AM HOLY EUCHARIST & LAYING ON OF HANDS**

**10:00 AM SERMON SEMINAR**

**11:15 AM HOLY EUCHARIST & LAYING ON OF HANDS**

**Presider**

The Reverend Dr. Kate Heichler

**Preacher**

Mr. Andrew Arakawa

**Director of Youth & Family Ministries**

Caroline McReynolds-Adams

**Director of Music**

Jeff Kempskie

**Cell Phones** – Please turn off your cell phone or other electronic devices at any time you are in the Nave.

**Hearing** – The T-Coil system can be accessed by using a hearing aid with a T-setting, or by using one of our headsets. Please ask an usher for assistance.

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and to care for others with love, justice, and compassion.*

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**Childcare: the Nursery is open!** Children up to age 3 are welcome. Take the stairs to the lower level; turn right to go down the hall to the Nursery, which will be the last room on your right.

**The Parish Calendar is Online at** [www.stmarks.net/calendar/month](http://www.stmarks.net/calendar/month).

**Restrooms and water fountains** are available in the foyer and on the lower level.

**Lost & Found** is managed by our Parish Administrator. Please contact James (202-543-0053, ext. 306) to see if your item has been found or to turn in an item you've found.

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### JANUARY 14, 2017

<b>Attendance:</b>	233
<b>Pledge &amp; Plate collection:</b>	\$20,160.03

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The Epiphany Star above the altar is a gift from Joya Cox, it's creator. It is an icosahedron, a figure with 20 plane surfaces, each of which also serves as the base of a pyramid.

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## SUNDAY WORSHIP SCHEDULE

<b>9:00 am</b>	<b>Holy Eucharist</b> ( <i>Family Eucharist is celebrated the second Sunday of most months</i> )
<b>9:00 am</b>	<b>Children's Chapel</b> ( <i>not offered when Family Eucharist is celebrated at 9:00 am</i> )
<b>10:00 am</b>	<b>Sermon Seminar</b>
<b>11:15 am</b>	<b>Holy Eucharist</b>
<b>5:00 pm</b>	<b>Contemplative Eucharist</b>

***We formally begin the worship service with the Prelude, a musical offering designed to bring us together for worship that allows for quiet reflection before the service begins. Please respect this time by refraining from conversations in the Nave as much as possible. While greeting each other is important, we ask that you do so outside the Nave or near the doors so that others can have quiet time.***

# THE LITURGY OF THE WORD

**Prelude** No. 3 from Three Quiet Preludes

Gilbert M. Martin (b. 1941)

**Opening Hymn** 661 They cast their nets in Galilee

*Georgetown*

## Opening Sentences

**Presider** Arise, shine! In Christ, God's light has been revealed to us; It reaches across time and space.

**People** **We have come to see; we have come to follow.**

**Presider** Arise shine! God's light has been revealed to all people; God's glory has been unveiled in all the earth.

**People** **May we go and tell; may we go and share God's light with our needy world.**

## The Collect

**Presider** God be with you.

**People** **And also with you.**

**Presider** Let us pray.

**People** **Lord of time fulfilled, who was not born an angel but walked the common earth: with those you called by the lakeside may we share your mission to bring good news to all, to let the world know that God is among us; through Jesus Christ, the one who reigns. Amen.**

*Please be seated.*

## The Hebrew Bible Jonah 3:1-5, 10

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

**Reader** Hear what the Spirit is saying to us.

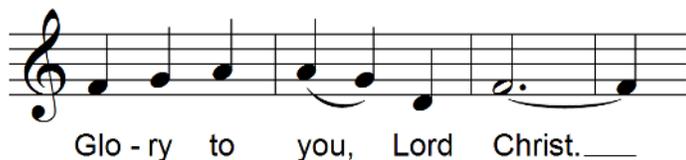
**People** **Thanks be to God.**

*Please stand as able.*

## The Holy Gospel Mark 1:14-20

Gospeller      The Gospel of Jesus according to Mark.

People



After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.”

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, “Follow me and I will make you fish for people.” And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

Gospeller      The Gospel of Jesus.

People



(11:15) **The Sermon**

Mr. Andrew Arakawa

*Please stand as able.*

### **An Affirmation**

Presider      Let us declare our faith in God.  
People      **We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**  
**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.**  
**We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.**  
**We believe in one God;  
Father, Son and Holy Spirit. Amen.**

## Prayers of the People

**Leader** You have come to dwell among us, O Christ, to share our lives and earthly concerns. We give thanks that God's very nature has been made known to us. Pour forth your light and your wisdom on us and on your church. May your light shine upon us.

**People** **And the glory of God shall be revealed.**

**Leader** Make this church a place of welcome as we make our way through troubled times. May our doors always be open to those who come seeking nourishment. May we go out into the world as a healing presence as we build your Beloved Community. May your light shine upon us.

**People** **And the glory of God shall be revealed.**

**Leader** Make our nation great in the ways of justice, peace, respect for all people, and a protector of the natural bounty that you have bestowed upon the earth. Give us leaders who are wise, who are good, and who work tirelessly for the welfare of all. May your light shine upon us.

**People** **And the glory of God shall be revealed.**

**Leader** We pray for all those who would influence our public dialogue. Pour out your wisdom on all journalists, historians, politicians, and activists. Make them persons of integrity. May they seek to promote understanding that builds our common life together and does not destroy it. May your light shine upon us.

**People** **And the glory of God shall be revealed.**

**Leader** Make our communities great in the ways of mercy. Forgive us when we forget your call to love one another and to care for the poor, the sick, and the marginalized. Help us look beyond our own safety and well-being and tend to the needs of all your people. May your light shine upon us,

**People** **And the glory of God shall be revealed.**

**Leader** We pray for those forced to live on our streets, whether because of economic adversity, mental illness, or addictions. Give us wisdom and generosity of spirit to solve the problems that cause this suffering. May your light shine upon us.

**People** **And the glory of God shall be revealed.**

**Leader** Open our eyes to the sacredness of the world around us, and open our hearts to those who do not look like us, speak our language, or who worship you in different ways. Remind us, when we forget, that we are all part of the great community of nations, and that we are all your beloved. May your light shine upon us.

**People** **And the glory of God shall be revealed.**

**Leader** Lead us into the ways of peace, where brother will no longer rise up against brother, where families will be safe in their homes, where there will be no violence in our streets. Let justice roll down like waters, and righteousness like an ever-flowing stream. May your light shine upon us.

**People** **And the glory of God shall be revealed.**

Leader All may now offer their own prayers, either silently or aloud, ending with “God, in your mercy” to which all will respond, “And the glory of God shall be revealed.”

*A time for individual prayers is observed.*

Presider Let us pray.

People **Gracious God, in this season of light, open our hearts and minds to your call to us. Receive our humble gifts of service, just as you received the gifts of the Magi. May our work here on earth make us a light unto the nations as we reflect your love for us onto a hurting world. May we remember that your light shines in the darkness and the darkness shall not overcome it. Amen.**

### **The Peace**

Presider The peace of God be always with you.

People **And also with you.**

*All, one with another, exchange a sign of peace.*

### **Welcome**

(11:15) **Announcements**

*Please limit announcements to one minute or less.*

### **Clergy Greeting**

### **Electronic Offering**

Text “stmarks20003” to 73256 to give to St. Mark's using text messaging. There may be a slight delay and then you will receive a reply text which will guide you through the initial set up.



## **THE LITURGY OF THE TABLE**

**Offertory Anthem** Ain'-a That Good News!

William L. Dawson

Chancel Choir

*I got a crown up in-a the kingdom, ain'-a that good news!  
I'm a-goin' to lay down this worl', goin'-a shoulder up-a my cross,  
Goin'-a take it home-a to my Jesus, ain'-a that good news!  
I got a harp up in-a that kingdom, ain-a that good news! etc.  
I got a robe up in-a that kingdom, ain'-a that good news? etc.  
I got a Savior in-a that kingdom, ain'-a that good news? etc.*

*Please stand as able.*

**Eucharistic Prayer**

Celebrant God be with you.

**People And also with you.**

Celebrant Lift up your hearts.

**People We lift them to the holy one.**

Celebrant Let us give thanks to the holy and living God.

**People It is right to give God thanks and praise.**

*Continue responsively.*

It is right to give you thanks, Almighty God, you who were before all worlds began, who is outside of time; who will be for all eternity.

**You are our beginning, and in you we find our perfect end.**

All our years and moments are hidden in you;

**Through you all things were made; in you all things are sustained.**

Therefore, we join in the song of praise all of creation is singing:

**Sanctus S 129**

Robert Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and  
 might, hea - ven and earth are full of your glo - ry. Ho -  
 san - na in the high - est. Bless - ed is he who  
 comes in the name of the Lord. Ho - san - na in the high - est.

God, you made us for relationship, to live in harmony with you and all creation.

**Whenever we walk away from you, that harmony is broken;**

Our intimacy with you becomes fractured and strained;

**Our relationships are marked by tension and strife.**

The very creation becomes broken and disordered, with storms and tumults.

**Peace becomes the exception; conflict our daily bread.**

Into our turmoil you sent your beloved son, Jesus, the Prince of Peace.

**He came as one of us, and saw how we lived with each other and the earth.**

And he said: Enough. Look. See another way. He said, "Why are you afraid?"

**He stilled storms, banished evil, healed diseases, overcame death.**

He said, "Peace be with you," and breathed upon his disciples the Holy Spirit.

**He gives us peace in unpeaceful times;**

**he makes us agents of change in an unpeaceful world.**

On his night of greatest disruption, our Lord had supper with his friends.

He took bread, and when he had given thanks to you, he broke it, gave it to them all,

and said, "Take, eat: This is my Body, which is given for you. Whenever you eat it,

**Do this to remember me."**

After supper, he took the cup of wine; and when he had given thanks, he gave it to them all,

and said, "Drink this, all of you: This is my Blood of the new promise, poured out for you for

the forgiveness of sins. Whenever you drink it,

**Do this to remember me."**

And so we stop to remember him:

**We remember him in the breaking of the bread.**

We recall his suffering and death.

**We celebrate his rising and ascension.**

We look forward to his eternal reign of peace.

Come upon this bread and this wine, most Holy Spirit:

**Feed us deep in our spirits with the very life of Christ himself.**

Come to us, Lord Jesus, by the Holy Spirit:

**Give us your peace in all circumstances; help us to trust you more and more.**

Fill us now, we pray, as we come to your table to enjoy a foretaste of the feast of perfect

peace through our Lord Jesus Christ. By him, and with him, and in him, in the unity of the

Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

**AMEN.**

## **The Lord's Prayer**

Presider

And now, as our Savior Christ has taught us, we are bold to say:

People

**Our Father, who art in heaven, hallowed be Thy Name.**

**Thy kingdom come, they will be done on earth as it is in heaven.**

**Give us this day our daily bread, and forgive us our trespasses  
as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power and the glory,  
for ever and ever. Amen.**

*All sing.*

Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;  
 There - fore let us keep the feast. Al - le - lu - ia.

**The Invitation to Communion**

**Presider** We recognize this as God’s table set before us and for all and this bread and wine as God’s food for us and for all. Therefore whoever we are, from wherever we have come, and whatever we believe,  
**People** **All are welcome and invited to receive. Amen!**

**The Communion**

*Please gather, one group at a time, around the altar.*

*Gluten-free wafers and grape juice are available; please make your needs known to the minister.*

*If you would like someone to pray with you about anything that is on your mind or heart, please go to the Chapel after receiving communion for laying on of hands.*

**Music During Communion**

In a world where people walk in darkness

Words by Robert Willis  
 Music by John Harper

Chancel Choir

*In a world where people walk in darkness let us turn our faces to the light,  
 To the light of God revealed in Jesus, to the daystar scattering our night.*

*Refrain: For the light is stronger than the darkness and the day will overcome the night.  
 Though the shadows linger all around us, let us turn our faces to the light.*

*In a world where suff'ring of the helpless casts a shadow all along the way,  
 Let us bear the cross of Christ with gladness and proclaim the dawning of the day. Refrain*

*Let us light a candle in the darkness, in the face of death, a sign of life.  
 As a sign of hope where all seems hopeless, as a sign of peace in place of strife. Refrain*

## Post Communion Prayer

Presider Let us pray.

**People** **Most Holy God, thank you for feeding us with the life of Jesus in these signs of his body and blood. Thank you for refreshing us, restoring us, renewing us in that peace that only comes from you. As you fill us with peace, make us bearers of peace into the storms of this world, that those who are frenzied and fearful may find rest in you. In the name of God: creator, Son, and Holy Spirit. Amen.**

**Closing Hymn** 550 Jesus calls us o'er the tumult

*Restoration*

## The Blessing

Presider May the God of peace fill you with all joy and hope in believing through the power of the Holy Spirit; and the blessing of God, who is Source, Son, and Spirit, be with you and remain with you, this week and for ever.

**People** **Amen.**

## Dismissal

Presider Go into the world knowing you are led by the light of Christ!

**People** **Thanks be to God!**

**Postlude** Lord, Whose Love in Humble Service *Beach Spring*, arr. Edwin T. Child (b.1945)

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## Liturgy Request

At St. Mark's, we frequently change the liturgy (the language we use during our worship service). Our goal is to use language that reflects our common effort to put into words our relationship with God. In order to keep the liturgy truly alive and life giving, we need your input. Please feel free to contact the clergy at any time to discuss the liturgy and how the words we say affect you.

## Liturgy Source

Opening Sentences: Mustard Seed House. Collect: Prayers for an Inclusive Church. Prayers of the People: written by The Reverend Margaret A. Trezevant (adapted). Affirmation: "Common Worship" Church of England. Eucharistic Prayer, Post-Communion Prayer, Blessing, & Dismissal: Kate Heichler.

## Permissions

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## Liturgical Leaders and Worship Participants

Verger	Jan Lipscomb 9:00 Josie Jordan 11:15
Acolyte	Dana Garner, crucifer; Tucker Trissell, torchbearer 9:00 Stephanie Deutsch 11:15
Altar Guild	Judy Hall & Margaret Wood 9:00 Barbara Harvey & Bertha Martin 11:15
Bread & Wine	Kit Arrington 9:00 Michael Knipe 11:15
Laying on of Hands	TBD 9:00 John Barton and Barbara Nelson 11:15
Lay Servers	Kenn Allen, Maureen Shea, & Kathryn Chefetz 9:00 Charles Divine, Vena Darling, & Jane Byrne 11:15
Readers	Michael Novy, Scripture; Gwen Dillard, Prayers of the People 9:00 Doris Burton, Scripture; Peter Nye, Prayers of the People 11:15

## SERMON SEMINAR at 10:00 am

### Announcements

*Please limit announcements to one minute or less.*

### The Sermon

Mr. Andrew Arakawa

### Sermon Seminar Guidelines:

1. Is what I have to say relevant to the sermon?
2. Is it meaningful? Will others care?
3. Can I make it short?
4. Will I later regret not having said it?
5. Has anyone else said it?

## NOTES:

# How to Be A Change Agent in Polarized Times

## A Six-Week Sermon Series

January 7 - Baptism of our Lord

The Rev. Dr. Kate Heichler

**Rooted in Belovedness**

January 14 - MLK Day Celebration

The Rev. Michele Morgan

**Risking Non-Violence**

January 21

Mr. Andrew Arakawa

**The Power to Forgive the Unforgivable**

January 28

Mr. David Deutsch

**Eating with Snakes—**

**Setting a Table for the Repugnant**

February 4

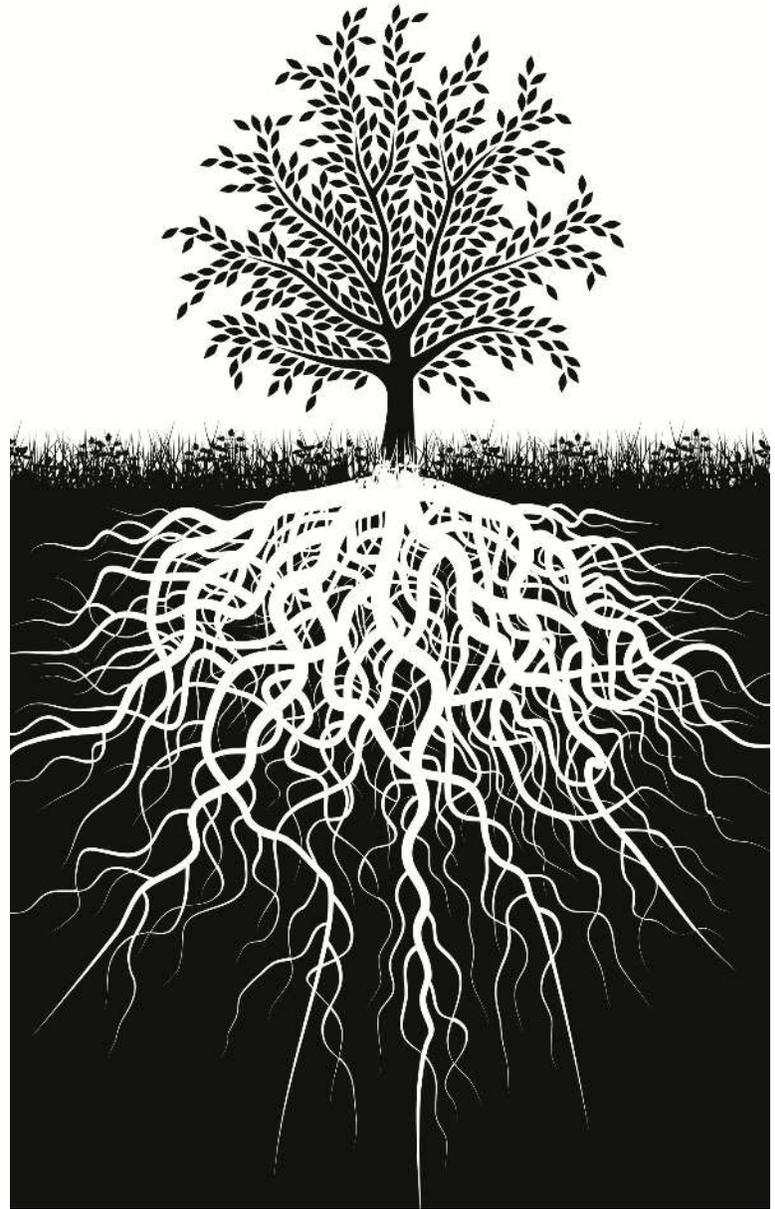
Mr. Rich Rubenstein

**Where Are You Called to Resist?**

February 11

The Rev. Michele Morgan

**Where Are You Called to Make Peace?**



# ST. MARK'S EPISCOPAL CHURCH + CAPITOL HILL

+

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WWW.STMARKS.NET

## Office Directory

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andrew@stmarks.net

Steve Seely, Deacon Intern

steve@stmarks.net

*Adjunct Clergy:* The Reverends Susan Flanders, William Flanders

## The Vestry

Senior Warden

Nora Howell

seniorwarden@stmarks.net

Junior Warden

Kenn Allen

juniorwarden@stmarks.net

Class of '18

Doug Jackson, Karen Wiedemann, Jen Holland

Class of '19

Stephanie Deutsch, Thia Hamilton, Beth Mahood

Class of '20

Tracy Council, Jim Brooks, Alix Pereira

Officers

Martha Huizenga, *Treasurer*

Mary Anderson Cooper, *Register*

Michael Knipe, *Manciple*

Michael Knipe, *Counsel*

## Diocesan Delegates

Michael Knipe

Cecilia Monahan

Jim Steed

Announcements, not to exceed 150 words, are to be submitted to [bulletin@stmarks.net](mailto:bulletin@stmarks.net) by 5:00 pm on the Tuesday preceding the Sunday you wish the announcement to run.

## *CYCLE OF PRAYER*

### *IN THE DIOCESE OF WASHINGTON*

St. Paul's Church, Baden and St. Mary's Chapel, Aquasco  
St. Paul's Church, Rock Creek Parish  
St. Paul's Church, Piney Parish  
St. Timothy's Parish, DC  
St. Timothy's Child Development Center, DC

Diocesan Convention: The Bishop of Washington, Diocesan Convention Officers, Clerical and Lay Delegates, Convention Task Force and Committee Chairs (January 27)  
Pray for the Mission and Ministry of the Episcopal Diocese of Washington

### *ANGLICAN COMMUNION*

The Most Revd Paul Shishir Sarker Moderator, The Church of Bangladesh & Bishop of Dhaka

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### *PARISH PRAYER LIST*

Bill Babcock • Sylvie Kalas Braddock (Barbara Nelson's granddaughter)  
Jack Burton • Tony Cogswell (brother-in-law of Ruth Roman) • Joya Cox  
Alisa Earnest (Lynda Bugge's grandchild) • Taylor Emerson (Randy Marks' niece)  
David & Michael Glaze • Joyce Gutson • Dave Haglund • Brock Hansen  
Michael Henely • Olga Juarez Jose (Mary Ellison's partner) • Debbie Keysor  
Alice Kistler (Kathryn Powers' sister) • Elizabeth Long • Lina Marks (Randy Marks' mother)  
Lila Marks • Nat Marks • Barbara Nelson • Lilly March  
Pamela Burton Moore (Jack Burton's daughter) • Ann-Mari Pierotti (Joan Pierotti's daughter)  
Kristin Proctor (Student of Rosie Brooks) • Randell Prothro • Bill Rau • Carol Roman  
Rosalie Ryan • Gardner Van Scoyoc • Andrew Stafford  
Arnold Taylor • Karen Wicker (friend of Dick Rumpf)

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### *THOSE OF OUR PARISH SERVING IN THE MILITARY*

Vincent Alcazar (Parishioner) • Burr Barton (nephew of Jan Hamilton)  
Clint Billings (son of Kevin Billings and Mary Louise Wagner)  
P. J. Boehm (brother of Rachel Boehm) • Preston Brooks (Parishioner)  
Todd Daniels (nephew of Jan Hamilton)  
Stephen Dannenmaier (brother and brother-in-law of Bill and Molly Dannenmaier)  
Jason Earnest (grandson of Lynda Smith-Bugge) • Benjamin Keltz (nephew of Jan Hamilton)  
Kurt Hansen (nephew of Brock and Penny Hansen)  
Joshua Russo, husband of Claire Russo • Weston Zarek (son of Tom Zarek)

### *THOSE WHO HAVE DIED*

Chuck Wicker

Spc. Javion Shavonte Sullivan, 24, of Fort Mill, SC  
Sgt. 1st Class Mihail Golin, 34, of Fort Lee, NJ



# Welcome Guests!

We'd like to get to know you better!

We invite you to fill out this page, tear it off, and drop it into the offering plate or hand it to one of the greeters as you leave. Please take the rest of this service bulletin with you, so that you can refer to the service schedule, office directory, and information about upcoming events and classes at St. Mark's.

We hope you feel at home with us. If you have questions, please speak with the clergy or one of the greeters after the service. You can also call the office at any time and we will be happy to help you in any way we can.

Thank you for visiting St. Mark's today.

*Go in peace and return often!*

**After completing, please remove this page and place in the offering plate or give to a greeter.**

I attended:            \_\_\_\_\_ 9 am Holy Eucharist  
                              \_\_\_\_\_ 10 am Sermon Seminar  
                              \_\_\_\_\_ 11:15 am Holy Eucharist  
                              \_\_\_\_\_ 5 pm Contemplative Eucharist  
                              \_\_\_\_\_ Special (wedding, funeral, etc.)

Name \_\_\_\_\_

Email \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

I am interested in learning more about:

- \_\_\_\_\_ Baptism (child, adult)
- \_\_\_\_\_ Getting married at St. Mark's
- \_\_\_\_\_ Music (choir, lessons)
- \_\_\_\_\_ Children/youth classes & programs
- \_\_\_\_\_ Adult classes
- \_\_\_\_\_ Senior programs/activities
- \_\_\_\_\_ Outreach/community service
- \_\_\_\_\_ Environmental issues
- \_\_\_\_\_ Yoga classes
- \_\_\_\_\_ Dance classes
- \_\_\_\_\_ St. Mark's Players (theatrical productions)

Would you like to be contacted by a clergyperson?    \_\_\_\_\_ Yes    \_\_\_\_\_ No

**Newcomers! Join us the first Sunday of each month in Baxter Hall on the main level from 10:45 to 11:15.**

*You can stay up to date on St. Mark's news by signing up online for the weekly Gospel e-newsletter at [www.stmarks.net/contact-us/](http://www.stmarks.net/contact-us/). If you'd like to join the St. Mark's Yahoo group, please contact George Meng at [gem@menglaw.com](mailto:gem@menglaw.com) and ask to be added.*